

# WHO IS THE PARENT/CHILD CENTRE FOR?

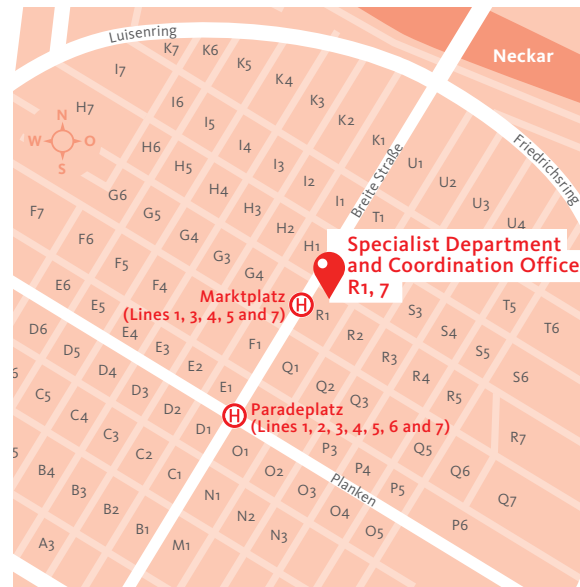
We have prepared the programmes of our Parent/Child Centre for you as parents with children between the ages of 0–3, regardless of whether your child is looked after by this institution.

Pay us a visit or get in contact if ...

- You want to share your experiences with other parents in similar situations and you want to support one another
- You have questions or concerns regarding your child's development
- You have questions regarding your family, professional or social situation.

We look forward to meeting you and your child!

## CONTACT



Please get in touch with us. We can let you know about current programmes being offered by our Parent/Child Centre.

### Early Support (Frühe Hilfen)

Specialist Department and Coordination Office (Fach- und Koordinationsstelle)

R1, 7 | 68161 Mannheim

**Telephone** +49 (0)621 293-3709

**E-mail** fruehe.hilfen@mannheim.de



You can find more information on the Parent/Child Centres and Early Support here:

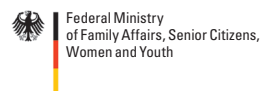
**www.mannheim.de/fruehehilfen**

### "Early Support" donation account:

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Funded by the:



**STADT MANNHEIM**<sup>2</sup>

Day care facilities  
and childminding

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## Early Support PARENT/CHILD CENTRE

Bundesinitiative  
Frühe Hilfen

**STADT MANNHEIM**<sup>2</sup>

Department of children, young  
people and families  
– Youth Welfare Office –

In cooperation with independent funding providers

## WHY HAS THE PARENT/CHILD CENTRE BEEN ESTABLISHED?

All parents want to give their children as good an upbringing as possible so that they have a beneficial foundation for later on in life. Young families ask themselves how they can meet the diverse requirements involved in living together with a child.

The Parent/Child Centre team would like to offer you support with any questions you may have or with childraising responsibilities. We provide parents and children with the space and time for social contact, games and activities, and advice.

Our Parent/Child Centre is located nearby and is a reliable partner for parents and children between the ages of 0 and 3. The programmes are available to you regardless of whether your child goes to a crèche or nursery.

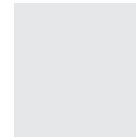


## WHAT DOES THE PARENT/CHILD CENTRE OFFER?

Our programmes are aimed equally at you as parents and at your children. There are various events on topics and questions related to childraising, development and health care. The contents aim to address your questions and needs as well as those of your children.

Our programmes include:

- Parent/child groups
- Toddler groups
- Parent/child café
- Parents' workshops
- Nutritional courses
- Playgroups
- Parental counselling



## WHO WORKS AT THE PARENT/CHILD CENTRE?

Our team has a variety of skilled personnel. We will be happy to answer any of your questions when you come to us.

The institution's management and the child care workers create a place that you and your child can trust. They are people you can contact if you need help and support in daily life. They bridge the gap between the other professions, which include:

- A psychologist from the Psychological Advisory Centre, who will provide diagnoses and advice regarding your child's development and other psychological issues in one-on-one talks or in groups.
- A doctor from the Children and Youth Health Service of the Health department, who can give you information and advice on any medical questions regarding your child.
- A social worker from the Social Services section of the Youth Welfare Office can give you advice on the support provided by youth welfare as well as on other social services.
- If needed and in agreement with you, we can also enlist the help of other specialists, such as midwives and paediatric nurses.

