# City of Mannheim Department of Children's' and Young Peoples' Affairs and the Health Department Stadt Mannheim Jugendamt und Gesundheitsamt

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OFFER OF A VISIT
FROM 'WILLKOMMEN
IM LEBEN' –
WELCOME TO LIFE



Grafik: Bildagentur PantherMedia / scusi





Gefördertwum

# WHAT IS 'WILLKOMMEN IM LEBEN' – WELCOME TO LIFE?

Welcome to Life started in 2007 and is now offered to all families with a new-born baby throughout Mannheim. Willkommen im Leben is a building block in the early assistance system of the city of Mannheim.

The first two years of life are crucial for a child's subsequent development. In particular, the bond between the parents and the new-born is now considered to the basis for the sound development of the child. This first time with a baby is not always easy, and changes the lives of mothers and fathers – adjusting to the new situation is a great challenge.

A visit to families in Mannheim who have a newborn child is considered from a health aspect. The personal consultation will take place in an open atmosphere at the family's own home, and we provide professional knowledge that will help create an environment that promotes health and development within the family.

The welcome visit for parents is an important signal to convey a family-friendly approach and an appreciation for families in the city of Mannheim.

#### WHO?

All families are offered a visit by a paediatric nurse employed by the health department during the first weeks of the child's life.

#### WHFN?

In the first weeks after the birth of the child.

### HOW?

Based on the reported births, the paediatric nurses seek contact with the families and offer to visit them. Acceptance of the offer is voluntary.

## WHAT?

During the visit, the families are given an information pack for the baby. The paediatric nurse provides information about the baby's nutrition, sleeping habits and hygiene, and answers questions about the child's development. In addition, information is provided about services for young families in the respective district.

The service is available to all families free of charge, and was launched to promote equal opportunities for children.