

# The counselling sessions are

- open to all Mannheim-based families, children, adolescents, young adults up to the age of 26, parents with infants and young children, and parents-to-be,
- voluntary and free of charge,
- confidential,
- open to all nationalities, religious persuasions and cultures,
- also possible in Turkish,
- anonymous if desired.



## Information and registration

- By telephone or in person
- Monday to Thursday: 9.00 am to 4.00 pm
- Friday: 9.00 am to 3.00 pm
- Appointments by arrangement

# Our regional offices

## Psychologische Beratungsstelle Nord

Sandhofer Straße 22  
68305 Mannheim (Luzenberg)  
Tel.: +49 (0)621/293-5530  
Fax: +49 (0)621/293-5533  
E-mail: [beratung.nord@mannheim.de](mailto:beratung.nord@mannheim.de)  
Take Lines 1 and 3 (tram) or 53 and 58 (bus) to  
Stop: Luzenberg

## Psychologische Beratungsstelle Mitte

D7, 2a-4  
68159 Mannheim (city centre)  
Tel.: +49 (0)621/293-8866  
Fax: +49 (0)621/293-8868  
E-mail: [beratung.mitte@mannheim.de](mailto:beratung.mitte@mannheim.de)  
Take Lines 2 and 6 (tram) to Stop:  
Rathaus

## Psychologische Beratungsstelle Süd

Relaisstraße 164  
68219 Mannheim (Rheinau)  
Tel.: +49 (0)621/293-6040  
Fax: +49 (0)621/293-6041  
E-mail: [beratung.sued@mannheim.de](mailto:beratung.sued@mannheim.de)  
Take the Line 1 (tram) to Stop: Mülheimer  
Straße

**Homepage:** [www.pb-mannheim.de](http://www.pb-mannheim.de)



# Psychological Counselling Centres

for children, adolescents  
and parents

**STADT MANNHEIM**<sup>2</sup>

Kinder, Jugend und Familie  
– Jugendamt –

# For parents

We offer you advice and support

- on all parenting matters,
- if you are worried about your child,
- if you feel that something is making your child depressed,
- if other people, such as educators, teachers and paediatricians, alert you to problems,
- if there are changes or stress within the family situation or if there are any conflicts or disputes within your family,
- in the case of the effects of a separation or divorce.



# For children and adolescents

No matter how old you are, if you live in Mannheim and are looking for advice on a problem affecting you or your family, you can contact one of our counselling centres – at any time, even without the knowledge of your parents.



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# For professionals

For professionals working with children and adolescents, we offer

- anonymised specialist counselling,
- parents' evenings and other events on issues related to bringing up children,
- advice on questions relating to risks to and protection of children and adolescents.

